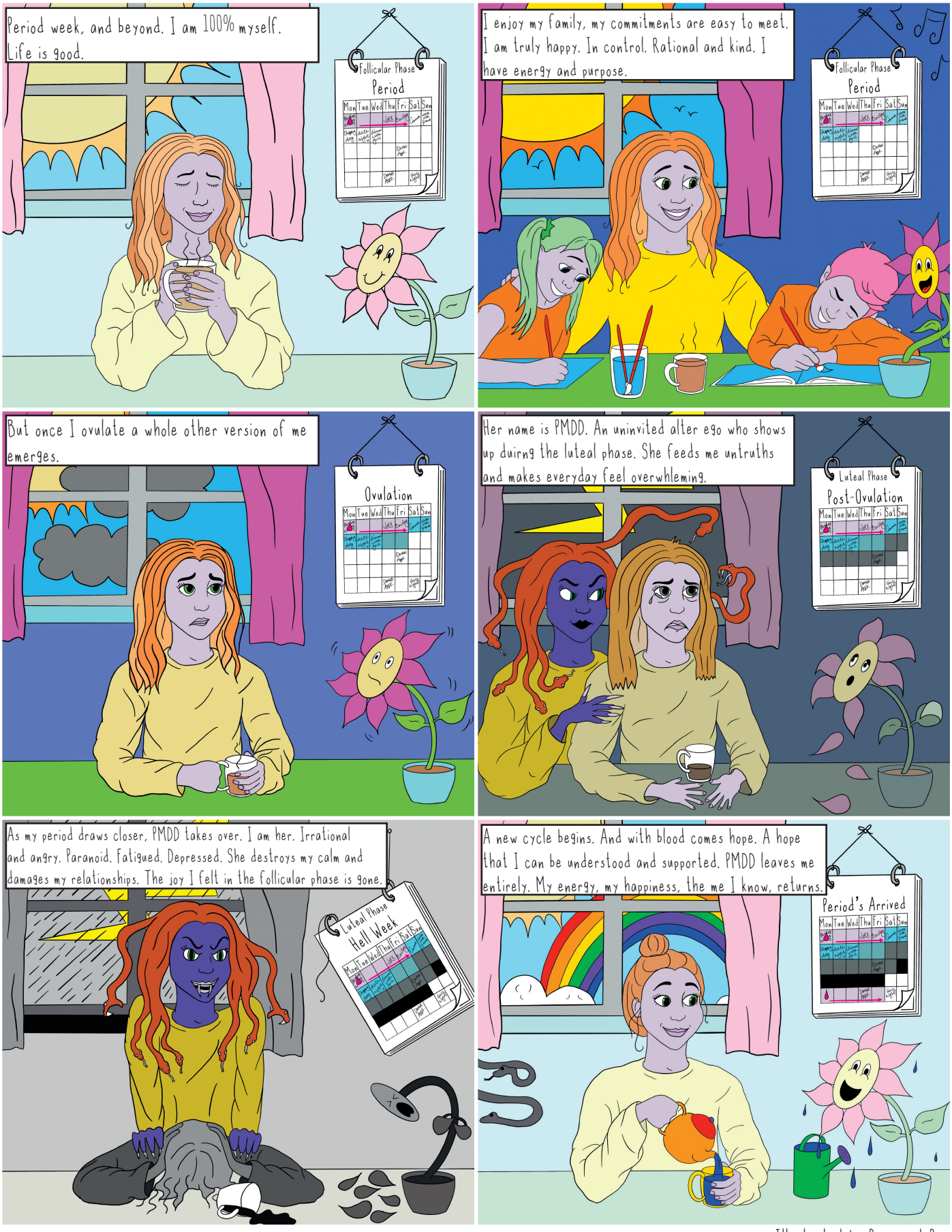
PMDD & ME

Premenstrual Dysphoric Disorder



Illustrated by Poca and Pan

You are not alone: iapmd.org | pms.org.uk | viciouscyclepmdd.com